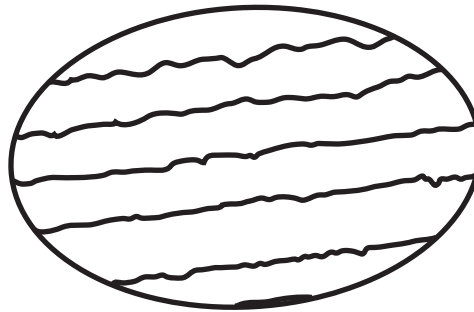
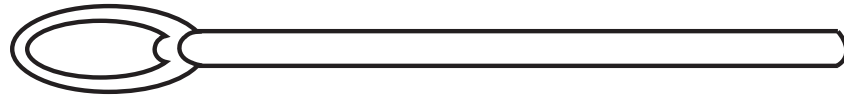
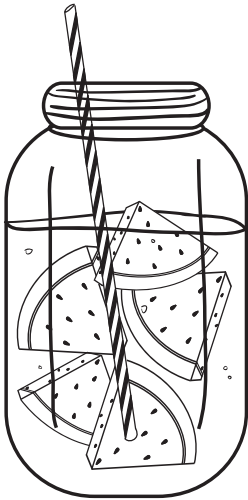




Water with a Kool kick



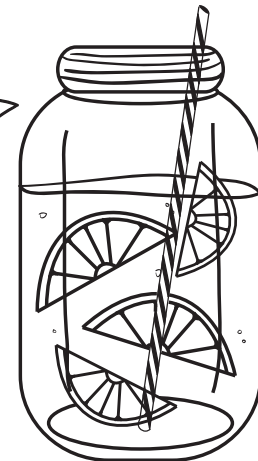
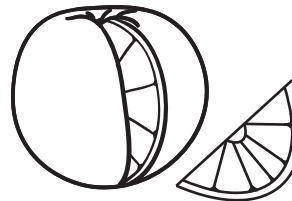
Watermelon



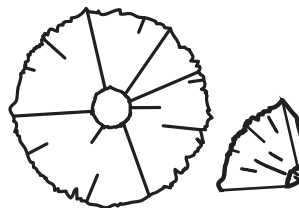
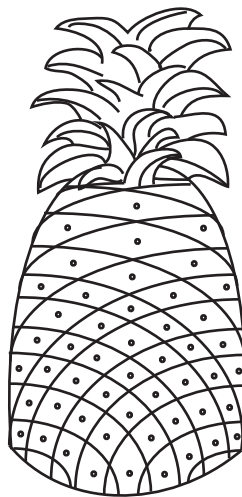
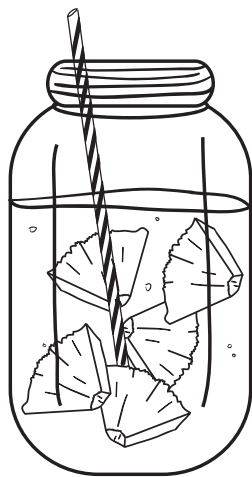
Start with a jar of cold water.
Have an adult cut up your favorite fruit,
add them to your jar of water and stir!

Try these fruits and others,
or combine fruits
for water with a punch!

Oranges



Pineapple



Did you know?

Fresh water is one of the healthiest things you can feed your body and mouth! Add fresh fruit to your glass of water to make staying hydrated tasty and fun!